

Sample Next Step Student Schedule
Semester 1 - 2

HOUR	COURSE	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8:00 AM	Course Number Section Number Room		Meet with Program Dir. Hobbs 407				
9:00 AM	Course Number Section Number Room	VU Class ex. HIST 201 - 01 Wilson 103	Rec Center with work out buddy	VU Class ex. HIST 201 - 01 Wilson 103	Rec Center with work out buddy	VU Class ex. HIST 201 - 01 Wilson 103	
10:00 AM	Course Number Section Number Room	Goal planning & Check email/ facebook acct. etc.	(Travel time, change, and wash-up time included)	Goal planning & Check email/ facebook acct. etc.	(Travel time, change, and wash-up time included)	Job club/Group time	
11:00 AM	Course Number Section Number Room		Goal planning & Check email/ facebook acct. etc.		Goal planning & Check email/ facebook acct. etc.		
12:00 PM	Course Number Section Number Room	Lunch with friends and mentor	Lunch with friends and mentor	Lunch with friends and mentor	Lunch with friends and mentor	Friday Food Foray Buy/Cook/Eat	Sporting event or other social activity/ Best Buddies event (optional)
1:00 PM	Course Number Section Number Room	Internship opportunity	Independent Study	Internship opportunity	Independent Study		
2:00 PM	Course Number Section Number Room						
3:00 PM	Course Number Section Number Room	Academic tutoring		Academic tutoring			
4:00 PM	Course Number Section Number Room					Rec Center with work out buddy (Travel time, change, and wash-up time included)	
5:00 PM	Course Number Section Number Room	Special Topics Class					
6:00 PM	Course Number Section Number Room						
7:00 PM	Course Number Section Number Room				Sports or performance event		
8:00 PM	Course Number Section Number Room						

Recreation/Leisure VU Class Visions Class/Commons Seminar Independent Study Internship TN Technology Technology Projects Special Topics Class Job Club/Group Time VU Student Organization Friday Food Foray	<p>Next Step students will take part in 3 hours of physical exercise activities per week.</p> <p>Each semester Next Step students will register for one Vanderbilt course.</p> <p>Next Step students will join a group of freshmen students to participate in weekly hour long classes that explore a wide range of topics.</p> <p>Independent living and academic skills identified by the student to be areas they want to strengthen.</p> <p>Students will devote between 4-15 hours each week exploring and developing career interests and employment skills.</p> <p>Students will have the opportunity to receive vocational training at the Nashville, TN Technology Center.</p> <p>Students will meet 3 to 5 hours each week with a college Best Buddy member to build technology skills.</p> <p>Students will participate in a weekly, inclusive class that will explore topics such as disability awareness and self-determination.</p> <p>Students will participate in bi-weekly de-briefing sessions to discuss internships and their experiences at college.</p> <p>Next Step students will be required to participate in at least one student club.</p> <p>Students plan, purchase, prepare, and enjoy a healthy lunch with friends.</p>
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Sample Next Step Student Schedule
Semester 3

HOUR	COURSE	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8:00 AM	Course Number Section Number Room	TN Technology Center	TN Technology Center	TN Technology Center	TN Technology Center	TN Technology Center	
9:00 AM	Course Number Section Number Room						
10:00 AM	Course Number Section Number Room						
11:00 AM	Course Number Section Number Room						
12:00 PM	Course Number Section Number Room	Lunch with friends and mentor	Lunch with friends and mentor	Lunch with friends and mentor	Lunch with friends and mentor	Friday Food Foray Buy/Cook/Eat	Sporting event or other social activity/ Best Buddies event (optional)
1:00 PM	Course Number Section Number Room	Academic tutoring	VU Class ex. HIST 201 - 01 Wilson 103	Technology Project	VU Class ex. HIST 201 - 01 Wilson 103	Meet with Program Dir. Hobbs 407	
2:00 PM	Course Number Section Number Room						
3:00 PM	Course Number Section Number Room	Independent Study	Rec Center with work out buddy	Independent Study	Rec Center with work out buddy		
4:00 PM	Course Number Section Number Room		(Travel time, change, and wash-up time included)		(Travel time, change, and wash-up time included)		
5:00 PM	Course Number Section Number Room	Community Class	Academic tutoring	Job club/Group time	Academic tutoring		
6:00 PM	Course Number Section Number Room						
7:00 PM	Course Number Section Number Room		Club Meeting		Sports or performance event		
8:00 PM	Course Number Section Number Room						

Recreation/Leisure VU Class Visions Class/Commons Seminar Independent Study Internship TN Technology Technology Projects Special Topics Class Job Club/Group Time VU Student Organization Friday Food Foray	<p>Next Step students will take part in 3 hours of physical exercise activities per week.</p> <p>Each semester Next Step students will register for one Vanderbilt course.</p> <p>Next Step students will join a group of freshmen students to participate in weekly hour long classes that explore a wide range of topics.</p> <p>Independent living and academic skills identified by the student to be areas they want to strengthen.</p> <p>Students will devote between 4-15 hours each week exploring and developing career interests and employment skills.</p> <p>Students will have the opportunity to receive vocational training at the Nashville, TN Technology Center.</p> <p>Students will meet 3 to 5 hours each week with a college Best Buddy member to build technology skills.</p> <p>Students will participate in a weekly, inclusive class that will explore topics such as disability awareness and self-determination.</p> <p>Students will participate in bi-weekly de-briefing sessions to discuss internships and their experiences at college.</p> <p>Next Step students will be required to participate in at least one student club.</p> <p>Students plan, purchase, prepare, and enjoy a healthy lunch with friends.</p>
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Sample Next Step Student Schedule
Semester 4

HOUR	COURSE	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8:00 AM	Course Number Section Number Room		Paid Job		Paid Job		
9:00 AM	Course Number Section Number Room	VU Class ex. HIST 201 - 01 Wilson 103		VU Class ex. HIST 201 - 01 Wilson 103		VU Class ex. HIST 201 - 01 Wilson 103	
10:00 AM	Course Number Section Number Room	Goal planning & Check email/ facebook acct. etc.		Goal planning & Check email/ facebook acct. etc.		Job club/Group time	
11:00 AM	Course Number Section Number Room						
12:00 PM	Course Number Section Number Room	Lunch with friends and mentor	Lunch with friends and mentor	Lunch with friends and mentor	Lunch with friends and mentor	Friday Food Foray Buy/Cook/Eat	Sporting event or other social activity/ Best Buddies event (optional)
1:00 PM	Course Number Section Number Room	Independent Study	Paid Job	Independent Study	Paid Job	Meet with Program Dir. Hobbs 407	
2:00 PM	Course Number Section Number Room						
3:00 PM	Course Number Section Number Room	Academic tutoring		Academic tutoring			
4:00 PM	Course Number Section Number Room			Job club/Group time			
5:00 PM	Course Number Section Number Room	Special Topics Class					
6:00 PM	Course Number Section Number Room		Club Meeting				
7:00 PM	Course Number Section Number Room				Sports or performance event		
8:00 PM	Course Number Section Number Room						

<p>Recreation/Leisure</p> <p>VU Class</p> <p>Visions Class/Commons Seminar</p> <p>Independent Study</p> <p>Internship</p> <p>TN Technology</p> <p>Technology Projects</p> <p>Special Topics Class</p> <p>Job Club/Group Time</p> <p>VU Student Organization</p> <p>Friday Food Foray</p>	<p>Next Step students will take part in 3 hours of physical exercise activities per week.</p> <p>Each semester Next Step students will register for one Vanderbilt course.</p> <p>Next Step students will join a group of freshmen students to participate in weekly hour long classes that explore a wide range of topics.</p> <p>Independent living and academic skills identified by the student to be areas they want to strengthen.</p> <p>Students will devote between 4-15 hours each week exploring and developing career interests and employment skills.</p> <p>Students will have the opportunity to receive vocational training at the Nashville, TN Technology Center.</p> <p>Students will meet 3 to 5 hours each week with a college Best Buddy member to build technology skills.</p> <p>Students will participate in a weekly, inclusive class that will explore topics such as disability awareness and self-determination.</p> <p>Students will participate in bi-weekly de-briefing sessions to discuss internships and their experiences at college.</p> <p>Next Step students will be required to participate in at least one student club.</p> <p>Students plan, purchase, prepare, and enjoy a healthy lunch with friends.</p>
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