

# Vanderbilt Kennedy TRIAD

## Parent Support and Education Program (PSEP)



### A Resource For Families

**Parents of young children with autism** need cutting-edge information and high-quality support. The Treatment and Research Institute for Autism Spectrum Disorders (TRIAD) offers a program for parents of young children who have, or are suspected of having, an autism spectrum disorder.

### Services

Through the Parent Support and Education Program (PSEP), autism specialists will provide information, support, and consultation for parents of children under 4 years old and siblings in areas such as:

- identifying the characteristics of autism in young children



- implementing behavior management strategies
- choosing and evaluating intervention approaches
- developing children's social and communication skills during everyday home routines

The PSEP philosophy is to build on the strengths of children and families to support their growth and development.

PSEP is designed to serve as an adjunct to, rather than a substitute for, other community services.

PSEP will also serve the scientific community by gathering information that will be used in best practices research.

### Clinic Format

Participation involves 3 clinic visits. Consultations are individualized to each family. During the first visit, an assessment will be conducted to understand the child, identify parents' needs and concerns, and determine the specific focus of subsequent visits. PSEP is staffed by a TRIAD psychologist, social worker, and autism consultants.

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*The Vanderbilt Kennedy Center is a national center for research devoted to unlocking the mysteries of the brain and child development, and improving the lives of people with disabilities.*

MARINO AUTISM RESEARCH



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