

Vanderbilt Kennedy Center for Research on Human Development

QUICK GUIDE TO AUTISM CLINICAL AND OUTREACH PROGRAMS

Through innovative utilization of university resources, public funding, and the generosity of private support, VKC-TRIAD provides the following services for families of children with autism spectrum disorders:

VANDERBILT AUTISM CLINIC (VAC)

The **VAC** is a new, simplified intake and referral service brought to the community in collaboration with Vanderbilt University Medical Center (VUMC). The VAC provides access to a family service coordinator who can provide information and guidance about autism-specialized clinical, research, and outreach programs including those listed below. This service is available to families, caregivers, clinicians, educators, and anyone else who is looking for one dependable place to find the help they need.

Call toll-free at: 1-877-ASD-VUMC (273-8862) or email: autismclinic@vanderbilt.edu

CLINICAL SERVICES

- **Developmental Medicine and Cognition (DMC) Clinic:** This clinic provides diagnostic evaluations for children who may have autism or other developmental disorders.
- **Parent Support and Education Program (PSEP):** Autism specialists provide diagnostic assessment and behavioral follow-up for parents of children age 5 and younger who are suspected of having an autism spectrum disorder.
- **Infant Toddler Screening (ITS):** This clinic offers autism screening and follow-up services for parents of children under 24 months who have concerns about autism.
- **Autism School Age Clinic (ASAC):** The ASAC clinic provides diagnostic assessment for children age 6 and older who are suspected of having an autism spectrum disorder.
- **Autism Treatment Network (ATN):** Vanderbilt has recently been designated as one of 15 ATN sites in North America. Through the ATN, children and families will be provided with coordinated medical care via a team of designated autism specialists from the Vanderbilt medical community.

OUTREACH PROGRAMS

- **Families First Program:** The Ann and Monroe Carell Jr. Families First program offers a series of free parent training workshops designed for families with preschool-aged children recently diagnosed with an autism spectrum disorder.
- **Summer Camp:** The TRIAD Social Skills Summer Camp is an intensive, integrated social skills program designed specifically for children and adolescents with autism spectrum disorders who are between the ages of 6 and 21.
- **School-Based Services:** VKC-TRIAD offers a variety of services designed to meet the specific needs of educational programs throughout the state of Tennessee and beyond. Services include personnel training, program reviews, and educational and behavioral consultation for individual classrooms and children.
- **Pediatrician Training:** In partnership with the Tennessee Chapter of the American Academy of Pediatrics, VKC-TRIAD is piloting a program to train pediatricians how to assess young children for autism spectrum disorders.