

BIOGRAPHICAL SKETCH

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NAME Wallston, Kenneth A.	POSITION TITLE Professor of Psychology		
eRA COMMONS USER NAME wallstka			
EDUCATION/TRAINING <i>(Begin with baccalaureate or other initial professional education, such as nursing, and include postdoctoral training.)</i>			
INSTITUTION AND LOCATION	DEGREE <i>(if applicable)</i>	YEAR(s)	FIELD OF STUDY
Cornell University, Ithaca, NY	AB	1964	Psychology
University of Connecticut, Storrs, CT	MA	1965	Social Psychology
University of Connecticut, Storrs, CT	PhD	1968	Social Psychology

A. Professional Experience**Employment**

- 1968-1971 Research Associate with Howard Leventhal, Department of Psychology, University of Wisconsin, Madison
- 1968-1971 Assistant Professor, School of Nursing, University of Wisconsin, Madison
- 1971-1982 Assistant to Associate Professor of Psychology in Nursing, School of Nursing, Vanderbilt University, Nashville, TN
- 1981-1982 Director of Health Services Research, Vanderbilt Arthritis & Lupus Center, School of Medicine
- 1977-1983 Co-Director, Vanderbilt Weight Management Program
- 1971-1982 Assistant to Associate Professor, Department of Psychology, Vanderbilt University
- 1984-1986 Interim Associate Dean for Research and Evaluation, Vanderbilt School of Nursing
- 1992-1993 Interim Director, Center for Nursing Research, Vanderbilt School of Nursing
- 1980-pres Director of the Health Care Research Project, Vanderbilt School of Nursing
- 1982-pres Professor of Psychology in Nursing, Vanderbilt School of Nursing
- 1984-pres Professor of Psychology, Dept. of Psychology, Vanderbilt College of Arts & Science
- 1987-pres Professor of Psychology and Human Development, Peabody College of Vanderbilt
- 1993-pres Member, John F. Kennedy Center for Research on Education and Human Development, Vanderbilt University
- 2003-pres Behavioral Scientist, Health Services Research Center for Patient Healthcare Behavior, Tennessee Valley Healthcare System, Veterans Administration
- 2005-pres Professor of Psychology, Dept. of Human Organization and Development, Peabody College of Vanderbilt

B. Selected peer-reviewed publications (in chronological order)

1. Wallston, K.A., & Wallston, B.S. (1982). Who is responsible for your health: The construct of health locus of control. In G. Sanders & J. Suls (Eds.), Social Psychology of Health and Illness, pp. 65-95. Hillsdale, NJ: Lawrence Erlbaum & Assoc.
2. Wallston, K.A. (1989). Assessment of control in health care settings. In A. Steptoe & A. Appels (Eds.), Stress, Personal Controls and Health, 85-105. Chicester, England: Wiley.
3. Wallston, K.A., Smith, R.A.P., King, J.E., Smith, M.S., Rye, P., & Burish, T.G. (1991). Desire for control and choice of antiemetic treatment for cancer chemotherapy. Western Journal of Nursing Research, 13, 12-29.
4. Wallston, K.A. (1993). Psychological control and its impact in the management of rheumatological disorders. In S. Newman & M. Shipley (Eds.), Psychological Aspects of Rheumatic Diseases, Balliere's Clinical Rheumatology, 7(2). London, England.

5. Wallston, K.A., Stein, M.J., & Smith, C.A. (1994). Form C of the MHLC Scales: A condition-specific measurement of locus of control. Journal of Personality Assessment, *63*, 534-553.
6. Wallston, K.A., & Smith, M.S. (1994). Issues of control and health: The action is in the interaction. In G. Penny, P. Bennett & M. Herbert (Eds.), Health Psychology -- A Lifespan Perspective, 153-168. Chur, Switzerland: Harwood.
7. Smith, C.A., Wallston, K.A., & Dwyer, K.A. (1995). On babies and bathwater: Disease impact and negative affectivity in the self-reports of persons with rheumatoid arthritis, Health Psychology, *14*, 64-73.
8. Wallston, K.A. (1995). Adaptation, coping, and perceived control in persons with rheumatoid arthritis. Rheumatology in Europe, *24*(Supplement No. 2), 291-293.
9. Smith, M.S., Wallston, K.A., & Smith, C.A. (1995). The development and validation of the Perceived Health Competence Scale. Health Education Research: Theory and Practice, *10*, 51-64.
10. Zautra, A.J., Burleson, M.H., Smith, C.A., Blalock, S.J., Wallston, K.A., DeVellis, R.F., DeVellis, B.M., & Smith, T.W. (1995). An examination of positive and negative affect in rheumatoid arthritis patients. Health Psychology, *14*, 399-408
11. Wallston, K.A. (1996). Perceived control and health behavior. In A. Baum, C. McManus, S. Newman, J. Weinman & R. West (Eds.), Cambridge Handbook of Psychology, Health and Medicine. Cambridge, England: Cambridge University Press.
12. Smith, C.A. & Wallston, K. A. (1996). An analysis of coping profiles and adjustment in persons with rheumatoid arthritis. Anxiety, Stress, and Coping, *9*, 107-122.
13. Smith, C.A., Wallston, K.A., Dwyer, K.A., & Dowdy, S.W., (1997). Beyond good and bad coping: A multidimensional examination of coping with pain in persons with rheumatoid arthritis. Annals of Behavioral Medicine, *19*, 11-21.
14. Sinclair, V.G., Wallston, K.A., Dwyer, K.A., Blackburn, D.S., & Fuchs, H. (1998). Effects of a cognitive-behavioral intervention for women with rheumatoid arthritis. Research in Nursing and Health, *21*, 315-326.
15. Wallston, K.A., Malcarne, V.L., Flores, L. Hansdottir, I., Smith, C.A., Stein, M.J., Weisman, M.H., & Clements, P.J. (1999). Does God determine your health? The God Locus of Health Control scale. Cognitive Therapy and Research, *23*, 131-142.
16. Sinclair, V.G. and Wallston, K.A. (1999). Development and validation of the Psychological Vulnerability scale. Cognitive Therapy and Research, *23*, 119-129.
17. Dwyer, K.A., Coty, M-B., Smith, C.A., Dulemba, S., & Wallston, K.A. (2001). A comparison of two methods of assessing disease activity in the joints: When are patient's self-reports "good enough" Nursing Research, *50*, 214-221.
18. Chaplin, W. F., Davidson, K., Sparrow, V., Stuhr, J., Van Roosemalen, E., & Wallston, K. A. (2001). A structural evaluation of the expanded Multidimensional Health Locus of Control Scale with a diverse sample of Caucasian/European, Native, and Black Canadian women. Journal of Health Psychology, *6*, 447-455.
19. Sinclair, V.G. and Wallston, K.A. (2001). Predictors of improvement in a cognitive-behavioral intervention for women with Rheumatoid Arthritis. Annals of Behavioral Medicine, *23*, 291-297.
20. Wallston, K.A. (2001). Conceptualization and operationalization of perceived control. In A. Baum, T. Revenson, and J.E. Singer (Eds.) The Handbook of Health Psychology. Mahwah, NJ: Erlbaum.
21. Wallston, K.A. and Armstrong, C. (2001). Theoretically based strategies for health behavior change. In M. O'Donnell (Ed.) Health promotion in the workplace (3rd edition). Albany, NY: Delmar.
22. Wallston, K. A. (2001). Control beliefs. In N.J. Smelser and P.B. Baltes (Eds.) International Encyclopedia of the Social and Behavioral Sciences. Oxford, England: Elsevier Science.
23. Suls, J. and Wallston, K. A. (Eds.). (2003). Social Psychological Foundations of Health and Illness. Oxford, U.K.: Blackwell.
24. Smith, C. A., Wallston, K.A., and Dwyer, K.A. (2003). Coping and adjustment in rheumatoid arthritis. In J. Suls and K. A. Wallston (Eds.) Social psychological foundations of health and illness (pp. 458-494). Oxford, UK: Blackwell.
25. Sinclair, V.G. and Wallston, K.A. (2004). The development and psychometric evaluation of the Brief Resilient Coping Scale. Assessment, *11*, 94-101.
26. Wallston, K. A. (2004). Control and health. In N. Anderson (Ed.) Encyclopedia of Health & Behavior, Volume 1 (pp. 217-220). Thousand Oaks, CA: Sage.

27. Wallston, K. A. (2004). Multidimensional Health Locus of Control Scales. In A. J. Christensen, R. Martin, & J. M. Smyth (Eds.) Encyclopedia of Health Psychology (pp. 171-2). New York: Kluwer Academic/Plenum.
28. Wallston, K. A. (2005). The validity of the Multidimensional Health Locus of Control Scales. Journal of Health Psychology, 10, 623-631.

C. Research Support

Ongoing Research Support

ACTIVE

5 R21 MH65872-03 (Wallston) 2002 - 2006
NIMH/NIH

"Effects of Expressive Writing in Persons with HIV/AIDS"

Series of pilot and feasibility studies testing out application of the expressive writing intervention in persons with HIV/AIDS

Role: Principal Investigator

1 R21 CA098100-02 (Wallston) 2003 – 2006
NIH/NCI

"Effect of Expressive Writing on Cessation of Tobacco Use"

Series of pilot and feasibility studies testing out application of the expressive writing intervention in persons with cessation of tobacco use.

Role: Principal Investigator

No Agency # (Rothman, PI) 2004 – 2007

American Diabetes Association/Novo Nordisc

"Addressing Literacy and Numeracy in Primary Care Patients with Diabetes"

A study of the extent to which primary care outpatients with diabetes have numeracy skills related to self-managing their diabetes, and correlates of those numeracy skills (e.g., glycemic control).

R01 AT002477-02 (Wallston/Smyth) 2004 – 2008
NCCAM/Syracuse University (subcontract)

"Expressive Writing: Complementary Treatment for Diabetes"

The specific aim of this grant is to extend work on a new psychological intervention that has clinical relevance as a complementary treatment for somatic diseases.

COMPLETED

5 R01 NR07769-03 (Dwyer) 2002 – 2005
NIH/NINR

"Living with Cancer: Evaluation and Refinement of a Model"

This study will examine how younger men and women [ages 21-50] with colorectal cancer of lymphoma and their families cope and adjust to their disease during the first 12 months post-treatment.

Role: Co-Investigator